

DESCRIPTION

COMPOSITION FOR LOWERING SERUM URIC ACID LEVEL

TECHNICAL FIELD

5 The present invention relates to novel lactic acid bacterial and yeast strains that have an action of decomposing purines and lowering serum uric acid levels, and to compositions (in the form of foodstuffs, beverages, and pharmaceuticals) containing them.

10

BACKGROUND OF THE INVENTION

 Hyperuricemia is a clinical syndrome manifested by chronic abnormal conditions in which blood uric acid levels are morbidly high and exceed the normal range. Hyperuricemic
15 patients are very likely to develop, in addition to gout, which causes severe pain due to inflammation caused by crystallized uric acid, nephropathy, urinary calculus, cardiovascular disorders, cerebrovascular disorders, etc. Moreover, hyperuricemia is considered to be one of the risk factors for
20 arteriosclerosis.

 Hyperuricemia is considered to be caused by the enhancement of uric acid production in the body and by the decreases of urinary excretion of uric acid from the kidney and the gallbladder. Uric acid is a metabolic waste of purine
25 compounds such as adenosine and guanosine, and is generated by metabolism and energy consumption in the body. Therefore, excess intake of purine-rich food leads to increase of serum uric acid levels in human.

 The treatment/prevention of hyperuricemia has for a
30 long time involved dietary measures limiting purines contained in food. However, all animal and plant cells contain purines, and most foodstuffs, since animal and plant cells are contained therein, contain purines. Therefore, it is extremely difficult to precisely restrict purine intake, and the restriction of puric
35 acid intake makes it difficult to maintain a nutritional balance

provided by food. Moreover, the restriction of purine intake entails the restriction of the intake of inosinic acid, which is one of the purines and known as a tasting component, thereby impairing the taste of food. As a result, it is almost
5 impossible to follow purine-restricting diets for a long period of time.

DISCLOSURE OF THE INVENTION

An object of the present invention is to provide a
10 novel process for preventing/treating hyperuricemia. More specifically, an object of the invention is to provide a novel process for preventing/treating hyperuricemia in which, in contrast to limiting the purine intake from foodstuffs, microorganisms such as lactic acid bacteria and yeasts that
15 decompose purines are orally administered to decompose the purines ingested with food in the intestinal tract, thereby reducing the absorption of the purines and lowering serum uric acid levels, and to provide food and beverage products (fermented milk, lactic acid bacteria beverages, etc.) and pharmaceuticals
20 that can be usefully employed in the process.

The inventors, to achieve the objective described above, investigated the purine decomposing ability of various microorganisms. The inventors then orally administered those microorganisms found to have purine decomposing ability to model
25 animals and measured the serum uric acid levels thereof. As a result, the inventors found the fact that specific lactic acid bacteria and yeasts exhibit the desired uric acid level lowering action. The inventors conducted further research based on this finding and accomplished the present invention.

30 The present invention provides compositions as recited in Items 1-9, microorganisms as recited in Items 10-13, processes for lowering serum uric acid levels as recited in Items 14-16, and uses of above-mentioned compositions and microorganisms as recited in Items 17-19.

35 Item 1. A composition comprising at least one microorganism

selected from the group consisting of lactic acid bacterial and yeast strains that have an ability to decompose purines and an action of lowering serum uric acid level.

Item 2. A composition according to Item 1, wherein the
5 composition is a serum uric acid level-lowering composition.

Item 3. A composition according to Item 1 or 2, wherein the composition is in the form of a food or beverage.

Item 4. A composition according to Item 3, wherein the
10 composition is a fermented milk, a lactic acid bacteria beverage, a fermented vegetable beverage, a fermented fruit beverage, or a fermented soymilk.

Item 5. A composition according to Item 1 or 2, wherein the composition is a pharmaceutical composition.

Item 6. A composition according to any one of Items 1-5,
15 wherein the microorganism is a lactic acid bacterial strain belonging to the genus *Lactobacillus*.

Item 7. A composition according to Item 6, wherein the lactic acid bacterial strain is one member selected from the group consisting of *Lactobacillus* ONRIC b0185 (FERM BP-10004),
20 *Lactobacillus* ONRIC b0193 (FERM BP-10005), *Lactobacillus* ONRIC b0195 (FERM BP-10006) and *Lactobacillus* ONRIC b0223 (FERM BP-10007).

Item 8. A composition according to any one of Items 1-5,
25 wherein the microorganism is a yeast strain belonging to the genus *Saccharomyces*.

Item 9. A composition according to Item 8, wherein the yeast strain is *Saccharomyces* ONRIC y0046 (FERM BP-10008).

Item 10. A lactic acid bacterial strain belonging to the genus *Lactobacillus* having an ability to decompose purines and an
30 action of lowering serum uric acid level.

Item 11. A lactic acid bacterial strain according to Item 10, wherein the strain is *Lactobacillus* ONRIC b0185 (FERM BP-10004), *Lactobacillus* ONRIC b0193 (FERM BP-10005), *Lactobacillus* ONRIC b0195 (FERM BP-10006) or *Lactobacillus* ONRIC b0223 (FERM BP-
35 10007).

Item 12. A yeast strain belonging to the genus *Saccharomyces* that has an ability to decompose purines and an action of lowering serum uric acid level.

Item 13. A yeast strain according to Item 12, wherein the
5 strain is *Saccharomyces* ONRIC y0046 (FERM BP-10008).

Item 14. A method for lowering a serum uric acid level comprising administering the composition defined in any one of Items 1-9 to a patient in need of a serum uric acid level lowering treatment.

10 Item 15. A method for lowering a serum uric acid level comprising administering the lactic acid bacterial strain defined in Item 10 or 11 to a patient in need of a serum uric acid level lowering treatment.

Item 16. A method for lowering a serum uric acid level
15 comprising administering the yeast strain defined in Item 12 or 13 to a patient in need of a serum uric acid level lowering treatment.

Item 17. Use of the composition defined in any one of Items 1-9 for lowering a serum uric acid level.

20 Item 18. Use of the lactic acid bacterial strain defined in Item 10 or 11 for preparing the composition defined in any one of Items 1-9.

Item 19. Use of the yeast strain defined in Item 12 or 13 for preparing the composition defined in any one of Items 1-9.

25 It is essential that the active ingredient of the serum uric acid level lowering composition of the present invention is a lactic acid bacterial strain or a yeast strain that has an ability to decompose purines and, based on this ability, a serum uric acid lowering action. Such lactic acid
30 bacterial and yeast strains can be isolated and collected from natural products according to the screening methods described below.

The term "lactic acid bacteria" herein refers to microorganisms that produce lactic acid by fermentation. Lactic
35 acid bacteria include strains belonging to the genera

Lactobacillus, *Lactococcus*, *Streptococcus*, *Enterococcus*,
Bifidobacterium, *Pediococcus* and *Leuconostoc*. Yeasts include
strains belonging to the genus *Saccharomyces*.

Preferable examples of lactic acid bacterial and yeast
5 strains that have an action of decomposing purines and lowering
serum uric acid levels are strains belonging to the genera
Lactobacillus, *Pediococcus* and *Leuconostoc*, and strains belonging
to the genus *Saccharomyces*. Among these, particularly preferable
are *Lactobacillus* ONRIC b0185 (FERM BP-10004), *Lactobacillus*
10 ONRIC b0193 (FERM BP-10005), *Lactobacillus* ONRIC b0195 (FERM BP-
10006), *Lactobacillus* ONRIC b0223 (FERM BP-10007) and
Saccharomyces ONRIC y0046 (FERM BP-10008), which the inventors
newly screened and have deposited.

The term "purine" herein refers to substances that
15 have a purine skeleton. Typical examples include purine
nucleotides, purine nucleosides and purine bases. Purine
nucleotides include adenylic acid, guanylic acid, inosinic acid,
etc. Purine nucleosides include adenosine, guanosine and inosine.
Purine bases include adenine, guanine, hypoxanthine and xanthine.
20 Furthermore, purine encompasses oligonucleotides and
polynucleotides containing nucleic acids (A and G).

The serum uric acid level lowering composition of the
present invention containing the lactic acid bacterial or yeast
strain of the invention is described below:

25 (1) Screening of microorganisms

(1-1) Starting microorganisms

As starting microorganisms, lactic acid bacteria and
yeasts isolated from human intestinal contents, vegetable
fermentation products and animal food fermentation products are
30 used. Such microorganisms are preserved in the Otsu
Nutraceuticals Research Institute of Otsuka Pharmaceutical Co.,
Ltd.

(1-2) Screening method

Screening for the desired lactic acid bacterial and
35 yeast strains is carried out using as indices (1) an ability to

decompose purines (inosine, guanosine, hypoxanthine, xanthine) and (2) an action to lower serum uric acid levels in hyperuricemia model rats. The details of the screening procedures are as described in, for example, Examples 1 and 2 below.

(2) Screened microorganisms

(2-1) *L. fermentum* ONRIC b0185

(a) Macroscopic morphology

(a-1) MRS agar medium

10 Circular to slightly irregular shape, slight bulging, smooth to slightly rough, white in the center, whitish or achromatic at the periphery.

(a-2) BL agar medium

15 Irregular, slight bulging, smooth to slightly rough, yellowish brown in the center, whitish brown at the periphery.

(b) Microscopic morphology

 Rod-shaped bacterium with no motility. No spore formation.

(c) Growth temperature

20 Favorable growth at 30-37°C.

(d) Physiological and biochemical characteristics

	Gram stain	+
	Glycerol	-
	Erythritol	-
25	D-Arabinose	-
	L-Arabinose	+
	Ribose	+
	D-Xylose	+
	L-Xylose	-
30	Adonitol	-
	β -Methyl-D-Xyloside	-
	Galactose	+
	D-Glucose	+
	D-Fructose	+
35	D-Mannose	\pm

	L-Sorbose	-
	Rhamnose	-
	Dulcitol	-
	Inositol	-
5	Mannitol	±
	Sorbitol	-
	α-Methyl-D-Mannoside	-
	α-Methyl-D-Glucoside	-
	N-Acetyl-Glucosamine	-
10	Amygdalin	-
	Arbutin	-
	Esculin	-
	Salicin	-
	Cellobiose	-
15	Maltose	+
	Lactose	+
	Melibiose	+
	Saccharose	+
	Trehalose	+
20	Inulin	-
	Melezitose	-
	D-Raffinose	+
	Starch	-
	Glycogen	-
25	Xylitol	-
	β-Gentiobiose	-
	D-Turanose	-
	D-Lyxose	-
	D-Tagatose	-
30	D-Fucose	-
	L-Fucose	-
	D-Arabitol	-
	L-Arabitol	-
	Gluconate	+
35	2-Keto-Gluconate	-

5-Keto-Gluconate -

With reference to the Bergey's Manual of Systematic Bacteriology, this bacterial strain was identified as belonging to *Lactobacillus fermentum* and named *Lactobacillus* ONRIC b0185.

5 The bacterial strain was deposited with the National Institute of Advanced Industrial Science and Technology, International Patent Organism Depositary, AIST Tsukuba Central 6, 1-1 Higashi 1-Chome, Tsukuba-shi, Ibaraki-ken, Japan, on April 15, 2003, under accession no. FERM P-19312, and internationally deposited under
10 accession no. FERM BP-10004 on April 7, 2004.

(2-2) *L. fermentum* ONRIC b0193

(a) Macroscopic morphology

(a-1) MRS agar medium

Circular, conical, smooth to slightly rough, white.

15 (a-2) BL agar medium

Circular, bulging, smooth to slightly rough, brown.

(b) Microscopic morphology

Rod-shaped bacterium with no motility. No spore formation.

20 (c) Growth temperature

Favorable growth at 30-37°C.

(d) Physiological and biochemical characteristics

	Gram stain	+
	Glycerol	-
25	Erythritol	-
	D-Arabinose	-
	L-Arabinose	-
	Ribose	+
	D-Xylose	±
30	L-Xylose	-
	Adonitol	-
	β-Methyl-D-Xyloside	-
	Galactose	+
	D-Glucose	+
35	D-Fructose	+

	D-Mannose	+
	L-Sorbose	-
	Rhamnose	-
	Dulcitol	-
5	Inositol	-
	Mannitol	-
	Sorbitol	-
	α -Methyl-D-Mannoside	-
	α -Methyl-D-Glucoside	-
10	N-Acetyl-Glucosamine	-
	Amygdalin	-
	Arbutin	-
	Esculin	-
	Salicin	-
15	Cellobiose	-
	Maltose	+
	Lactose	+
	Melibiose	+
	Saccharose	+
20	Trehalose	-
	Inulin	-
	Melezitose	-
	D-Raffinose	+
	Starch	-
25	Glycogen	-
	Xylitol	-
	β -Gentiobiose	-
	D-Turanose	-
	D-Lyxose	-
30	D-Tagatose	-
	D-Fucose	-
	L-Fucose	-
	D-Arabitol	-
	L-Arabitol	-
35	Gluconate	-

2-Keto-Gluconate -

5-Keto-Gluconate -

With reference to the Bergey's Manual of Systematic Bacteriology, this bacterial strain was identified as belonging to *Lactobacillus fermentum* and named *Lactobacillus* ONRIC b0193. The bacterial strain was deposited with the National Institute of Advanced Industrial Science and Technology, International Patent Organism Depositary, AIST Tsukuba Central 6, 1-1 Higashi 1-Chome, Tsukuba-shi, Ibaraki-ken, Japan, on April 15, 2003, under accession no. FERM P-19313, and internationally deposited under accession no. FERM BP-10005 on April 7, 2004.

(2-3) *L. fermentum* ONRIC b0195

(a) Macroscopic morphology

(a-1) MRS agar medium

15 Circular, hemispherical, smooth to slightly rough, white.

(a-2) BL agar medium

Circular, bulging, smooth to slightly rough, reddish brown in the center, whitish brown at the periphery.

20 (b) Microscopic morphology

Rod-shaped bacterium with no motility. No spore formation.

(c) Growth temperature

Favorable growth at 30-37°C.

25 (d) Physiological and biochemical characteristics

Gram stain +

Glycerol -

Erythritol -

D-Arabinose -

30 L-Arabinose -

Ribose +

D-Xylose +

L-Xylose -

Adonitol -

35 β -Methyl-D-Xyloside -

	Galactose	+
	D-Glucose	+
	D-Fructose	+
	D-Mannose	+
5	L-Sorbose	-
	Rhamnose	-
	Dulcitol	-
	Inositol	-
	Mannitol	-
10	Sorbitol	-
	α -Methyl-D-Mannoside	-
	α -Methyl-D-Glucoside	-
	N-Acetyl-Glucosamine	-
	Amygdalin	-
15	Arbutin	-
	Esculin	-
	Salicin	-
	Cellobiose	-
	Maltose	+
20	Lactose	+
	Melibiose	+
	Saccharose	+
	Trehalose	-
	Inulin	-
25	Melezitose	-
	D-Raffinose	+
	Starch	-
	Glycogen	-
	Xylitol	-
30	β -Gentiobiose	-
	D-Turanose	-
	D-Lyxose	-
	D-Tagatose	-
	D-Fucose	-
35	L-Fucose	-

	D-Arabitol	-
	L-Arabitol	-
	Gluconate	+
	2-Keto-Gluconate	-
5	5-Keto-Gluconate	-

With reference to the Bergey's Manual of Systematic Bacteriology, this bacterial strain was identified as belonging to *Lactobacillus fermentum* and named *Lactobacillus* ONRIC b0195. The bacterial strain was deposited with the National Institute of Advanced Industrial Science and Technology, International Patent Organism Depositary, AIST Tsukuba Central 6, 1-1 Higashi 1-Chome, Tsukuba-shi, Ibaraki-ken, Japan, on April 15, 2003, under accession no. FERM P-19314, and internationally deposited under accession no. FERM BP-10006 on April 7, 2004.

15 (2-4) *L. pentosus* ONRIC b0223

(a) Macroscopic morphology

(a-1) MRS agar medium

Circular, hemispherical, smooth, white.

(a-2) BL agar medium

20 Circular to slightly irregular shape, mesa, smooth to slightly rough, brown in the center, whitish brown at the periphery.

(b) Microscopic morphology

25 Rod-shaped bacterium with no motility. No spore formation.

(c) Growth temperature

Favorable growth at 30-37°C.

(d) Physiological and biochemical characteristics

	Gram stain	+
30	Glycerol	+
	Erythritol	±
	D-Arabinose	+
	L-Arabinose	+
	Ribose	+
35	D-Xylose	+

	L-Xylose	+
	Adonitol	±
	β-Methyl-D-Xyloside	±
	Galactose	+
5	D-Glucose	+
	D-Fructose	+
	D-Mannose	+
	L-Sorbose	+
	Rhamnose	+
10	Dulcitol	±
	Inositol	±
	Mannitol	+
	Sorbitol	+
	α-Methyl-D-Mannoside	+
15	α-Methyl-D-Glucoside	+
	N-Acetyl-Glucosamine	+
	Amygdalin	+
	Arbutin	+
	Esculin	+
20	Salicin	+
	Cellobiose	+
	Maltose	+
	Lactose	+
	Melibiose	+
25	Saccharose	+
	Trehalose	+
	Inulin	±
	Melezitose	±
	D-Raffinose	+
30	Starch	±
	Glycogen	±
	Xylitol	±
	β-Gentiobiose	+
	D-Turanose	+
35	D-Lyxose	±

	D-Tagatose	±
	D-Fucose	-
	L-Fucose	+
	D-Arabitol	+
5	L-Arabitol	-
	Gluconate	+
	2-Keto-Gluconate	-
	5-Keto-Gluconate	-

With reference to the Bergey's Manual of Systematic
 10 Bacteriology, this bacterial strain was identified as belonging
 to *Lactobacillus pentosus* and named *Lactobacillus* ONRIC b0223.
 The bacterial strain was deposited with the National Institute of
 Advanced Industrial Science and Technology, International Patent
 Organism Depositary, AIST Tsukuba Central 6, 1-1 Higashi 1-Chome,
 15 Tsukuba-shi, Ibaraki-ken, Japan, on April 15, 2003, under
 accession no. FERM BP-19315, and internationally deposited under
 accession no. FERM BP-10007 on April 7, 2004.

(2-5) *S. cerevisiae* ONRIC y0046

(a) Macroscopic morphology (YM agar medium)

20 Circular, bulging, slightly rough to rough, white.

(b) Microscopic morphology

(b-1) Cellular shape

Lemon-like shape

(b-2) Ascospore formation

25 Present

(b-3) Ascus shape

Spherical

(c) Growth temperature

Favorable growth at 30°C.

30 (d) Physiological and biochemical characteristics

	Galactose	+
	Cyclohexamide	-
	Saccharose	+
	N-Acetyl-Glucosamine	-
35	Lactic acid	±

	Arabinose	-
	Cellobiose	-
	Raffinose	+
	Maltose	+
5	Trehalose	-
	2-Keto-Calcium Gluconate	-
	α -Methyl- α -D-Glucoside	-
	Mannitol	-
	Lactose	-
10	Inositol	-

With reference to the Bergey's Manual of Systematic Bacteriology, this strain was identified as belonging to *Saccharomyces cerevisiae* and named *Saccharomyces* ONRIC y0046.

The strain was deposited with the National Institute of Advanced Industrial Science and Technology, International Patent Organism Depositary, AIST Tsukuba Central 6, 1-1 Higashi 1-Chome, Tsukuba-shi, Ibaraki-ken, Japan, on April 15, 2003, under accession no. FERM BP-19316 and internationally deposited under accession no. FERM BP-10008 on April 7, 2004.

20 (3) Composition of the present invention

It is essential for the composition of the present invention to contain as an active ingredient at least one microorganism selected from the group consisting of lactic acid bacterial and yeast strains that have an action of decomposing purines and lowering serum uric acid levels (hereinafter sometimes referred to as "microorganisms of the invention").

The composition, as with ordinary food compositions and pharmaceutical compositions, is prepared in suitable food and pharmaceutical forms using suitable edible carriers (food materials) and/or pharmaceutically acceptable excipients or diluents.

The microorganisms of the invention to be contained in the composition of the invention are generally viable cells, although they are not limited to such viable cells. For example, culture solutions wherein such microorganisms have been cultured,

crude or purified products of cultured microorganisms, freeze-dried products thereof, etc., are usable.

Culture solutions of the aforementioned microorganisms can be prepared, for example, as follows. Specifically, culture solutions can be prepared by introducing microorganisms of the invention and oxygen absorbers into airtight vessels for anaerobic culturing, and culturing for about 48 hours at 28°C using culture media suitable for each microorganism, for example, MRS culture medium for lactic acid bacteria and YM culture medium for yeasts. After the aforementioned culturing, microorganisms can be harvested by, for example, centrifuging the culture solutions at 3000 rotations/minute at 4°C for 10 minutes. Microorganisms can be purified according to known methods. Moreover, the aforementioned culture solutions and cultured products (microorganisms) can be freeze-dried. Such freeze-dried products can be used as the active ingredient of the composition of the present invention.

The composition of the invention may be composed of a culture solution, a cultured product (microorganisms) or those purified or freeze-dried as describe above. The composition may further contain, as necessary, nutrients for the maintenance, proliferation, etc., of the microorganisms of the invention. Specific examples of such nutrients include culture media for culturing the aforementioned microorganisms. Other nutrients include lactosucrose, soy oligosaccharide, lactulose, lactitol, fructooligosaccharide, galactooligosaccharide and like various oligosaccharides. The amount of oligosaccharide to be contained is not limited, and usually suitably selected from a range such that the oligosaccharide is contained in the composition of the invention in a proportion of about 1 to about 3 wt.%.

Various vitamins, trace elements, etc., can be added to the composition of the invention as necessary. Examples of such vitamins include vitamin B, vitamin C, vitamin D, vitamin E, vitamin K and the like. Examples of trace elements include zinc, selenium, etc.

Examples of food and beverage forms of the composition of the invention include fermented milk, lactic acid bacteria beverages, fermented vegetable beverages, fermented fruit beverages, fermented soymilk, etc. The terms "fermented milk" and "lactic acid bacteria beverages" herein are used as defined in Article II(37) "Fermented Milk" and Article II(38) "Lactic Acid Bacteria Beverages" of the "Regulations relating to the Ingredients, etc., of Milks and Milk Products" of the former Japanese Ministry of Health and Welfare. In particular, "fermented milk" refers to a beverage prepared by fermenting milk or a milk product with lactic acid bacteria or yeasts and making it into a paste or solution form. Such fermented milk therefore includes fermented milk in beverage and yogurt forms. The term "lactic acid bacteria beverages" refers to beverages prepared by fermenting milk or milk products with lactic acid bacteria or yeasts, making them into a paste or solution form, and diluting such paste or solution matter (a main ingredient) with water. Fermented vegetable beverages, fermented fruit beverages, and fermented soymilk are described below.

Examples of other food and beverage forms the composition of the invention may take include microorganism-containing microcapsules, solid food items (granules, powders (including fermented milk freeze-dried powders), tablets, effervescent preparation, gums, gummi, puddings, etc.), and milk products other than the aforementioned fermented milk and lactic acid bacteria beverages.

In the composition of the invention in such beverage and food forms, edible carriers can be suitably used to give a taste favorable for the consumption of the composition. For example, preferable carriers are sweeteners and the like that have a taste-improving effect as well as a good mouth feel.

Specific examples of pharmaceutical forms include orally-administrable pharmaceutical forms (aqueous solutions, emulsions, granules, powders, capsules, tablets, etc.) containing pharmaceutically acceptable carriers such as excipients, diluents

and the like.

The composition can be prepared in such forms according to known methods. The following items (4) and (5) describe details of the preparation of the composition into such forms as well as details of edible carriers and pharmaceutically acceptable carriers usable during the preparation.

The amount of microorganism contained in the composition of the invention can be suitably selected from a range such that the cell count per 100 g of the composition of the invention is about 10^8 to about 10^{11} (as viable cell count). A cell count can be obtained as follows. A dilute sample is applied to an agar medium for bacterial culture and anaerobically cultured at 37°C, and the colonies thus formed are counted. The amount of microorganism to be contained can be suitably adjusted in view of the aforementioned amount according to the form of the composition of the invention to be prepared, the type of microorganism used, etc.

As described above, since the composition of the invention contain a microorganism (mainly viable cells), use of heating, pressurizing, and like conditions are not preferable in processing of the composition into end products. When the composition of the invention is prepared in a solid food form, it is preferable to use freeze-dried microorganisms directly, or freeze-dried microorganisms treated with a suitable coating agent.

(4) Composition in food or beverage forms

Typical examples of beverage and food forms the serum uric acid reducing composition of the invention can take are fermented milk, lactic acid bacteria beverages, fermented vegetable beverages, fermented fruit beverages, fermented soymilk, etc. Fermented vegetable beverages, fermented fruit beverages and fermented soymilk are described in detail below. Such forms of the composition of the invention can be prepared by culturing microorganisms in suitable fermentation starting materials containing nutrients for the microorganisms, such as fluids derived from vegetables, fruits, or soymilk (emulsified soy),

etc., and inducing the fermentation of the starting materials.

Vegetables and fruits for use as fermentation starting materials include cuttings, crushings, grindings, squeezed-out juices, enzyme-treated products, and dilutions and concentrates thereof.

- 5 Vegetables include pumpkins, carrots, tomatoes, bell peppers, celery, spinach, colored sweet potatoes, corn, beans, kale, parsley, cabbages and broccoli. Fruits include apples, peaches, bananas, strawberries, grapes, watermelons, oranges and mandarins.

- 10 Cuttings, crushings and grindings of vegetables and fruits can be obtained by, for example, washing the vegetable or fruit, optionally subjecting it to a blanching treatment such as immersion in hot water; and then cutting, pulverizing or milling it by means of a crusher, mixer, food processor, pulverizer, Mycolloider, or the like. Juices can be prepared using a filter
- 15 press, juicer-mixer, or the like. Juices can also be prepared by filtering the aforementioned grindings through a filter cloth or the like. Enzyme-treated products can be prepared by permitting cellulase, pectinase, protopectinase or the like to act upon the cuttings, crushings, grindings or juices. Dilutions include 1-
- 20 to 50-fold aqueous dilutions. Concentrates include those concentrated 1- to 100-fold by such means as freeze concentration, concentration under reduced pressure, etc.

- 25 Soymilk, which is another specific example of a fermentation starting material, can be prepared from soybean materials according to conventional methods. Soymilk includes, for example, a homogenate prepared by immersing dehulled soybean in water, wet-pulverizing the soybean with a suitable mill such as a colloid mill or the like, and homogenizing the pulverizate in the routine manner, and a solution of water-soluble soy
- 30 protein in water.

- For fermentation using microorganisms, it is preferable to prepare a bulk starter in advance and inoculate a fermentation starting material with the starter. A typical example of bulk starters may be, for example, a culture obtained
- 35 by inoculating a strain of a microorganism of the invention into

a fermentation starting material that has been subjected to usual sterilization at 90 to 121°C for 5 to 20 minutes, yeast extract-supplemented 10% skim milk powder or the like, and incubating the system under the same conditions as described previously. The
5 bulk starter thus prepared usually contains about 10^7 - 10^9 cells of the microorganism of the invention per gram of the culture.

The fermentation starting material used for the bulk starter may optionally be supplemented with fermentation-promoting substances to give good growth of the microorganism
10 used, for example, glucose, starch, sucrose, lactose, dextrin, sorbitol, fructose and like carbon sources; yeast extract, peptone and like nitrogen sources; vitamins; and minerals.

The inoculum volume of the microorganism should be generally equivalent to a viable cell count of not less than
15 about 1×10^6 , and preferably about 1×10^7 , per cubic centimeter of a fluid containing the fermentation starting material. For culturing conditions, the fermentation temperature is usually selected from the range of about 20 to about 45°C, and preferably about 25 to about 37°C, and the fermentation time is selected
20 from the range of about 5 to about 72 hours.

It should be understood that a lactic acid fermentation product obtained in the above manner may at times have a curd form (a yogurt-like or pudding-like form) and such a product can be directly consumed as a solid food item. A lactic
25 acid fermentation product in such a curd form can be further homogenized to a desired beverage form. Such homogenization can be carried out using an ordinary homogenizer. In particular, it can be carried out using a Gaulin high-pressure homogenizer (LAB 40) at about 200 to about 1000 kgf/cm², preferably about 300 to
30 about 800 kfg/cm², or a homogenizer manufactured by Sanwa Machine Industry Corporation (product number: HA x 4571, H20-A2 etc.) at not less than 150 kg/cm². By such homogenization, beverages with an excellent palatability, particularly a smooth mouth-feel, can be obtained. In carrying out homogenization, it is possible,
35 where necessary, to suitably dilute, add organic acids for pH

adjustment, or add various additives which are usually employed in the preparation of beverages, such as sugars, fruit juices, thickeners, surfactants and flavorings in suitable amounts. As a specifically preferable example of each type of additive
5 mentioned above and its amount of addition (% by weight based on the weight of the curd-form fermentation product) are: glucose 8% (% by weight, the same applies hereinafter), sucrose 8%, dextrin 8%, citric acid 0.1%, glycerol fatty acid ester 0.2% and flavoring 0.1%.

10 The beverages of the invention obtained in a manner described above can be aseptically dispensed into suitable containers in the conventional manner to provide end products. Such products have a good palatability allowing smooth drinking and a good flavor.

15 The dosage (amount of intake) thereof can be suitably selected according to the age, gender, body weight, status of the disease of the recipient, and other factors, and is not particularly restricted. Generally, it is preferably selected from a range of a microorganism content of 10^6 to 10^9 cells/ml.
20 Such a product is generally consumed or administered in an amount of about 50-1000 ml per day.

 Another specific example of a food form of the composition of the invention is an effervescent preparation form. The composition in this form can be prepared by formulating 0.01
25 to 50% (% by weight; the same applies hereinbelow) of microorganism (freeze-dried cells) of the invention and, as effervescent agents, 10 to 35% of sodium carbonate and/or sodium hydrogencarbonate, and 20 to 70% of a neutralizer. A neutralizer usable is an acidic compound capable of neutralizing the
30 aforementioned sodium carbonate and sodium hydrogencarbonate and generating carbon dioxide gas. Typical examples of such compounds are L-tartaric acid, citric acid, fumaric acid, ascorbic acid and like organic acids.

 The amount of effervescent agent in the effervescent
35 preparation of the invention is such that when the effervescent

preparation of the invention is dissolved in water, the solution shows acidity, particularly an acidity of about pH 3.5 to about pH 4.6. More specifically, the amount can be selected from the range of 10 to 35% sodium carbonate and/or sodium
5 hydrogencarbonate and 20 to 70% neutralizer. In particular, the amount of sodium carbonate is selected from the range of 11 to 31% and preferably 22 to 26%; and sodium hydrogencarbonate from the range of 10 to 35% and preferably 20 and 30%. It is most preferable to use sodium hydrogencarbonate alone within the range
10 of 20 to 25%. The amount of neutralizer is selected from the range of 20 to 70% and preferably 30 to 40%. In particular, it is most preferable to use L-tartaric acid within the range of 20 to 25% and ascorbic acid within the range of 8 to 15%.

The effervescent preparation contains a microorganism
15 of the invention and an effervescent agent as essential components and may optionally contain various known additives such as excipients, binders, disintegrators, lubricants, thickeners, surfactants, osmoregulators, electrolytes, sweeteners, flavorings, colorants, pH regulators, etc. Examples of additives
20 include wheat starch, potato starch, corn starch, dextrin and like starches; sucrose, glucose, fructose, maltose, xylose, lactose and like saccharides; sorbitol, mannitol, maltitol, xylitol and sugar alcohols; coupling sugar, palatinose and like sugar rearrangement oligosaccharides; calcium phosphate, calcium
25 sulfate and like excipients; starches, sugars, gelatin, gum Arabic, dextrin, methylcellulose, polyvinylpyrrolidone, polyvinyl alcohol, hydroxypropylcellulose, gum xanthan, pectin, gum tragacanth, casein, alginic acid and like binders and thickeners; leucine, isoleucine, L-valine, sugar esters, hydrogenated oils,
30 stearic acid, magnesium stearate, talc, macrogols and like lubricants; crystalline cellulose (Avicel manufacture by Asahi Chemical Industry Co., Ltd.), carboxymethylcellulose (CMC), carboxymethylcellulose sodium (CMC-Na), carboxymethylcellulose calcium (CMC-Ca) and like disintegrators; polyoxyethylene
35 sorbitan fatty acid ester (polysorbate), lecithin and like

surfactants; aspartame, alitame and like dipeptides; stevia, saccharin and like sweeteners; and the like. Such additives can be suitably selected and used in suitable amounts in consideration of their compatibility with the essential
5 ingredients, properties of the preparation, production method, and other factors.

In addition, vitamins, particularly cyanocobalamine and ascorbic acid (vitamin C), can be contained in the effervescent preparation of the invention in suitable amounts.
10 The amount is not limited but is usually no more than 30% with respect to vitamin C, and it is preferably selected from within the range of about 5 to about 25%.

The method for producing the effervescent preparation of the invention may be basically the same as the usual
15 production methods for effervescent preparations of this kind. In particular, the effervescent tablet form of the preparation of the invention can be prepared by weighing out specific amounts of respective ingredients, mixing them, and processing the whole by the direct powder compression method or the dry or wet
20 granulation-compression method, etc.

The preparation of the invention obtained in such a manner can be converted to a beverage form suitable for oral administration by merely putting it in water and be administered orally.

25 The dosage (amount of intake) thereof can be suitably selected according to the age, gender, body weight, status of the disease of the recipient, and other factors, and is not particularly restricted. Generally, for each administration, 1 or 2 effervescent tablets of the invention prepared to weigh
30 about 1.5 to about 6.0 g per tablet may be dissolved in 100 to 300 ml of water and administered.

(5) Composition in a pharmaceutical form

The serum uric acid level lowering composition of the invention can be prepared in a general pharmaceutical composition
35 form using a microorganism of the invention as an active

ingredient in conjunction with a suitable pharmaceutically acceptable carrier and put into practical use. Examples of such carriers include diluents and excipients such as fillers, extenders, binders, humectants, disintegrators, surfactants, lubricants, etc. These carriers can be suitably selected and used according to the unit dosage form of the preparation to be obtained.

As the unit dosage form of the aforementioned pharmaceutical preparation, a variety of forms can be selected. Typical examples are tablets, pills, powders, solutions, suspensions, emulsions, granules, capsules and suppositories.

In producing tablet forms, examples of pharmaceutical carriers usable include lactose, sucrose, sodium chloride, glucose, urea, starch, calcium carbonate, kaolin, crystalline cellulose, silicic acid, potassium phosphate and like excipients; water, ethanol, propanol, simple syrup, glucose solution, starch solution, gelatin solution, carboxymethylcellulose, hydroxypropylcellulose, methylcellulose, polyvinylpyrrolidone and like binders; carboxymethylcellulose sodium, carboxymethylcellulose calcium, low-substituted hydroxypropylcellulose, dry starch, sodium alginate, agar powder, laminaran powder, sodium hydrogencarbonate, calcium carbonate and like disintegrators; polyoxyethylene-sorbitan fatty acid esters, sodium lauryl sulfate, stearic acid monoglyceride and like surfactants; sucrose, stearin, cacao butter, hydrogenated oils and like disintegration inhibitors; quaternary ammonium bases, sodium lauryl sulfate and like absorption promoters; glycerol, starch and like humectants; starch, lactose, kaolin, bentonite, colloidal silica and like adsorbents; purified talc, stearates, boric acid powder, polyethylene glycol and like lubricants; etc.

Furthermore, tablets can be formulated with conventional coatings if necessary, for example, sugar-coated, gelatin-coated, enteric, or film-coated, double- or multi-layer tablets, etc.

In producing pills, pharmaceutically acceptable

carriers include, for example, glucose, lactose, starch, cacao butter, hydrogenated vegetable oil, kaolin, talc, and like excipients; powdered gum arabic, powdered tragacanth, gelatin, ethanol, and like binders; laminaran, agar, and like
5 disintegrants; etc.

Moreover, as necessary, colorants, preservatives, aroma chemicals, flavorings, sweeteners, etc., and other pharmaceuticals can be used in the pharmaceutical compositions of the invention.

10 The amount of microorganism to be contained in the pharmaceutical preparation of the invention is not limited and can be suitably selected from a broad range. It is usually preferable that the pharmaceutical preparation contains about 10^7 to about 10^{12} cells per unit dosage form.

15 Administration routes for the aforementioned pharmaceutical preparation are not limited, and can be selected according to the form of the pharmaceutical preparation, age of the patient, gender, severity of the disease, and other conditions. For example, tablets, pills, solutions, suspensions,
20 emulsions, granules, and capsules are administered orally.

Dosage of the pharmaceutical preparation of the invention can be suitably selected according to the application, age of the patient, gender, degree of the disease, and other conditions. Usually, the pharmaceutical preparation is
25 administered such that the active ingredient, i.e., microorganism of the invention, is given in a dose of about 0.5 to about 20 mg/day, per kg body weight. The pharmaceutical preparation may be given in 1 to 4 doses per day.

The composition of the invention is so adapted that,
30 upon ingestion (administration), the microorganism in the composition reaches the lower digestive tract, proliferates and settles as resident microbiota, whereby the expected efficacy is expressed. In this connection, a particularly preferable form of the pharmaceutical preparation is enteric-coated tablets, by
35 which the microorganism can be transported to the intestine

without being affected by gastric acid.

The present invention provides a novel composition, particularly a composition in food or pharmaceutical form, effective in the prevention/amelioration of hyperuricemia.

5

BRIEF DESCRIPTION OF THE DRAWINGS

Figures 1 and 2 are graphs showing the changes over time in the serum uric acid levels of test animals used in the test of Example 2 of the present invention.

10

BEST MODE FOR CARRYING OUT THE INVENTION

Examples are given below to illustrate the present invention in more detail.

Example 1

15 (1) Test for purine decomposing ability of the microorganisms of the invention

The purine decomposing ability of microorganisms of the invention was evaluated according to the following method.

20 (1-a) Microorganisms of the invention (ONRIC b0185 (FERM BP-10004), ONRIC b0193 (FERM BP-10005), ONRIC b0195 (FERM BP-10006) and ONRIC b0223 (FERM BP-10007)) and oxygen absorbers (AnaeroPack, manufactured by Mitsubishi Gas Chemical Company, Inc.) for anaerobic culturing were placed in air-tight vessels and anaerobically cultured at 28°C for 48 hours using MRS media for
25 the lactic acid bacterial strains and a YM medium for the yeast strain. After culturing, microorganisms were harvested by centrifuging the culture solutions at 3000 rotations/minute at 4°C for 10 minutes. Two milliliters of 0.1 M potassium phosphate solution (pH 7.0) containing inosine and guanosine each at a
30 concentration of 1.25 mM was added to each microorganism thus cultured. The microorganism suspensions thus obtained and AnaeroPack were introduced into air-tight vessels and cultured by shaking at 120 rotations/minute at 37°C for 30 minutes.

(1-b) The culture solutions obtained in (1-a) were
35 centrifuged at 3000 rotations/minute at 4°C for 10 minutes. To

supernatants (90 μ l) were added 10 μ l of 0.1 M HClO₄ solutions as a reaction terminator. The solutions were then subjected to HPLC. HPLC conditions were as follows:

<Analyzer>

- 5 High performance liquid chromatography: LC-6A (manufactured by Shimadzu Corporation)

<Analytical conditions>

- Column: Cosmosil 5C₁₈-AR (4.6 x 250 mm; Nacalai Tesque, Japan)
Carrier buffer: 100 mM NaClO₄ (containing 1% H₃PO₄)
10 Oven temperature: 40°C
Flow rate: 1 ml/min
Wavelength: 254 nm
Sample amount: 10 μ l

- 15 Inosine, guanosine and metabolites thereof, i.e., xanthine, hypoxanthine, guanine and uric acid, were identified according to the HPLC retention times. These compounds were quantified based on the peak areas of the HPLC chart. Decomposition rates of inosine and guanosine were calculated
20 using the following formula:

Decomposition rate = [(1.25 (mM) - A (mM)) / 1.25 (mM)] x 100
wherein A is a concentration of inosine or guanosine in the culture supernatants after the reaction.

(1-c) Table 1 shows the results.

25

Table 1

Micro-organism	Purine concentration (mM)						Rate of purine decomposition (%)	
	Guanosine	Inosine	Xanthine	Hypoxanthine	Guanine	Uric acid	Guanosine	Inosine
b0185 strain	-	-	0.137	0.525	-	0.008	100.0	100.0
b0193 strain	-	-	0.059	0.568	-	0.009	100.0	100.0
b0195 strain	0.004	0.003	0.058	0.504	0.207	0.010	99.7	99.8
b0223 strain	-	0.022	-	0.426	0.166	0.009	100.0	98.2

It is clear from the results shown in Table 1 that microorganisms of the invention have an ability to decompose purines.

5 (2) Test for purine decomposing ability of a microorganism of the invention

The purine decomposing ability of a microorganism of the invention was evaluated according to the following method.

10 (2-a) A microorganism of the invention (ONRIC b0223 (FERM BP-10007)) and an oxygen absorber for anaerobic culturing (AnaeroPack, manufactured by Mitsubishi Gas Chemical Company, Inc.) were placed in an air-tight vessel and anaerobically cultured at 28°C for 48 hours using a MRS medium. After culturing, the microorganism was harvested by centrifuging the culture solution at 3000 rotations/minute at 4°C for 10 minutes.
15 Two milliliters of 0.1 M potassium phosphate solution (pH 7.0) containing hypoxanthine and guanine each at a concentration of 0.25 mM was added to the entire microorganism thus harvested. The microorganism suspension thus obtained and AnaeroPack were introduced into an air-tight vessel and cultured by shaking at
20 120 rotations/minute at 37°C for 120 minutes.

25 (2-b) The culture solution obtained in (2-a) was centrifuged at 3000 rotations/minute at 4°C for 10 minutes. To supernatant (90 µl) was added a 10 µl of 0.1 M HClO₄ solution as a reaction terminator. The solution was then subjected to HPLC. HPLC conditions were as follows:

<Analyzer>

High performance liquid chromatography: LC-6A (manufactured by Shimadzu Corporation)

<Analytical conditions>

30 Column: Cosmosil 5C₁₈-AR (4.6 x 250 mm; Nacalai Tesque, Japan)

Carrier buffer: 100 mM NaClO₄ (containing 1% H₃PO₄)

Oven temperature: 40°C

Flow rate: 1 ml/min

35 Wavelength: 254 nm

Sampled amount: 10 ml

Hypoxanthine, guanine, and metabolites thereof, i.e., xanthine and uric acid were identified according to the HPLC retention times. These compounds were quantified based on the peak areas of the HPLC chart. The decomposition rates of hypoxanthine and guanine were calculated using the following formula:

Decomposition rate = $[(0.25 \text{ (mM)} - A \text{ (mM)}) / 0.25 \text{ (mM)}] \times 100$ wherein A is the concentration of hypoxanthine or guanine in the culture supernatants after the reaction.

(2-c) Table 2 shows the results.

Table 2

Micro-Organism	Purine concentration (mM)				Rate of purine decomposition (%)	
	Guanine	Hypoxanthine	Xanthine	Uric Acid	Guanosine	Inosine
b0223 strain	-	-	0.04	0.03	100.0	100.0

It is clear from the results shown in Table 2 that the microorganism of the invention has an ability to decompose purines (ability to decompose hypoxanthine, guanine, and metabolites thereof, i.e., xanthine and uric acid).

Example 2

In this example, food-induced hyperuricemia model animals were prepared according to the method described in *Clinical Toxicology* 13(1), 47-74 (1978), and the effects of microorganisms of the invention upon the serum uric acid levels of model animals were examined according to the method described below.

Microorganisms of the invention ONRIC b0185 (FERM BP-10004), ONRIC b0193 (FERM BP-10005), ONRIC b0195 (FERM BP-10006), ONRIC b0223 (FERM BP-10007) and ONRIC y0046 (FERM BP-10008) were used.

1. Test animals

Six-week-old Wister rats were used (5 rats per group).

2. Feeding conditions

After the arrival of the animals, the animals were
5 naturalized for 1 week. During naturalization, the animals were
fed an MF solid diet (manufactured by Oriental Yeast Co., Ltd.),
and given tap water freely. Each animal was housed individually
in a stainless-steel wire cage. The light-dark cycle consisted of
a lighting period from 6:00 to 18:00.

10 After naturalization, the animals were fed a purified
standard diet (referred to as standard diet in Table 3 below)
prepared according to AIN-93G (American Institute of Nutrition
(1993) AIN-93 purified diets for laboratory rodents: final report
of the American Institute of Nutrition *ad hoc* writing committee
15 on the reformulation of the AIN 76A rodent diet, *J. Nutr.* 123:
1939-1951), and given tap water freely for 6 days.

3. Test schedule

After the above 6-day feeding, the animals (7 weeks
old) were divided into 8 groups to have the same average body
20 weight among each group and fed the standard diet and the oxonate
+ RNA diet as shown below for 8 days.

Specifically, (1) the standard diet groups (Groups 1
and 2) were given as a diet AIN-93G (standard diet) as given in
the 6-day feeding, and (2) the oxonate + RNA diet groups (Groups
25 3-9) were given an oxonate/RNA diet prepared to have 2.5 w/w%
potassium oxonate and 1.0 w/w% RNA by replacing part of the
cornstarch contained in the standard diet with potassium oxonate
and RNA. Table 3 below shows the compositions of both diets:

30 .

Table 3

	Standard diet	Oxonate + RNA diet
Casein	200	200
L-cystine	30	30
Cornstarch	397.486	362.486
α -Cornstarch	132	132
Sucrose	100	100
Soybean oil	70	70
Cellulose	50	50
AIN-93G mineral mixture	35	35
AIN-93G vitamin mixture	10	10
<i>Tert</i> -butylhydroquinone	0.014	0.014
Potassium oxonate	-	25
RNA	-	10

The AIN-93G vitamin mixture contained 20 g of choline bitartrate per kg.

5 Sigma-Aldrich Corporation catalog no. R6625 was used as RNA.

During the test period, the animals of Groups 5-9 were orally forcibly administered every day 1.0 ml of a microorganism suspension prepared by centrifuging a microorganism cultured overnight (b0185, b0193, b0195, b0223 or y0046; microorganism-administered-groups are referred to as b0185 group (Group 5), b0193 group (group 6), b0195 group (Group 7), b0223 group (Group 8) and y0046 group (Group 9)) and mixing the precipitates with physiological saline to have 1.0×10^9 CFU/ml. The rats from Groups 3 and 4 (control groups) were not administered the aforementioned microorganism suspension.

4. Blood collection

On Day 0, Day 2 and Day 5 of the test feeding, blood was collected from the tail vein of each animal using a syringe. The blood thus obtained was centrifuged at 1500 x g for 20 minutes. The serum was separated and kept at -80°C.

5. Measurement of serum uric acid levels

Serum uric acid levels were measured according to the phosphotungstic acid method using Uric Acid Test Wakos (manufactured by Wako Pure Chemical Industries, Ltd.).

6. Statistical analysis

Results were expressed as mean \pm standard deviation. The significance of serum uric acid levels was determined by the unpaired student's *t*-test. A $p < 0.05$ was considered significant.

7. Results

Figures 1 and 2 show the serum uric acid levels.

These results clearly show that the rats administered with b0185, b0193, b0195, b0223 or y0046 exhibited serum uric acid levels significantly lower than those of food-induced hyperuricemia model animals.

Example 3

In this example, formulation examples of the composition of the invention are given below.

(1) Preparation of a fermented soymilk

A beverage form of the composition of the invention was prepared by individually weighing out and mixing the ingredients shown in the formulation given below.

	<i>Lactobacillus</i> ONRIC b0185-fermented soymilk	100 ml
	Lactosucrose(55% content)	10.0 g
	Vitamins and minerals	suitable amount
30	Flavoring	suitable amount
	Water	suitable amount
	Total	150 ml

The *Lactobacillus* ONRIC b0185-fermented soymilk was prepared by adding 10^8 cells of *Lactobacillus* ONRIC b0185 (FERM BP-

10004) to 1 liter of soymilk (protein content: about 5 g/100 ml) and fermenting at 37°C for 48 hours. Its bacterial cell content was about 1×10^9 cells/ml.

(2) Preparation of fermented milk

5 A fermented milk form of the composition of the invention was prepared by individually weighing out and mixing the ingredients shown in the formulation given below.

	Lactosucrose (55% content)	10.0 g
10	<i>Lactobacillus</i> ONRIC b0193-fermented milk	100 ml
	Vitamins and minerals	suitable amount
	Flavoring	suitable amount
	Water	suitable amount
	Total	150 ml

15

 The *Lactobacillus* ONRIC b0193-fermented milk was prepared by adding 10^8 cells of *Lactobacillus* ONRIC b0193 (FERM BP-10005) to 1 liter of cow's milk and fermenting the mixture at 37°C for 24 hours. Its bacterial cell content was about 1×10^8 cells/ml.

20

(3) Preparation of fermented milk freeze dried powder

 Cow's milk (100 g) was lactic acid-fermented at 37°C for 24 hours using 1 ml of about 10^7 cells/ml *Lactobacillus* ONRIC b0195 (FERM BP-10006). The fermented product thus obtained (containing the bacterium) was freeze-dried and powdered.

25

 The composition of the present invention in the form of a fermented milk freeze-dried powder was prepared by individually weighing out and mixing the ingredients shown in the formulation given below. Its bacterial cell content was about 1×10^9 cells/g.

30

	Freeze-dried powder of <i>Lactobacillus</i> ONRIC b0195-fermented milk	2.2 g
	Excipient	suitable amount
35	Vitamins and minerals	suitable amount

Flavoring	suitable amount
Total	20 g

Cornstarch (17 g) was used as the excipient.

5 (4) Preparation of powder

A powdery form of the composition of the invention was prepared by individually weighing out and mixing the ingredients shown in the formulation given below.

10	Casein	4.5 g
	Lactosucrose (55% content)	10.0 g
	Freeze-dried powder of <i>Lactobacillus</i> ONRIC b0223-fermented milk	1.0 g
	Vitamins and minerals	suitable amount
15	Flavoring	suitable amount
	Total	20 g

The freeze-dried powder of *Lactobacillus* ONRIC b0223-fermented milk was prepared by culturing (at 37°C for 24-48 hours)

20 *Lactobacillus* ONRIC b0223 (FERM BP-10007) in 10% aqueous skim milk solution, which serves as a fermentation starting material wherein *Lactobacillus* ONRIC b0223 can proliferate, and freeze-drying the fermented skim milk. Its bacterial cell content was about 10^9 to 10^{10} cells/g.

25 (5) Preparation of granules

A granular form of the composition of the invention was prepared by individually weighing out and mixing the ingredients shown in the formulation given below.

30	Lactosucrose (55% content)	10.0 g
	Freeze-dried powder of <i>Lactobacillus</i> ONRIC b0223-fermented milk	1.0 g
	Sorbitol	suitable amount
	Vitamins and minerals	suitable amount
35	Flavoring	suitable amount

Total

20 g

The freeze-dried powder of *Lactobacillus* ONRIC b0223-fermented milk was the same as used in Example 3-(4)

(6) Microorganism-containing microcapsules

5 A freeze-dried powder of *Saccharomyces* ONRIC y0046 (FERM BP-10008) having 6×10^{10} cells/g prepared by freeze-drying in the same manner as in Example 3-(4) was dispersed in molten hydrogenated palm oil having a melting point of 34°C in conjunction with lactosucrose to give a melt product containing
10 the microorganism, fat/oil, and oligosaccharide mixed in proportions of 25%, 70% and 5%, respectively. This melt product was dropped from the inner-most nozzle of three concentric nozzles at an average flow rate of 0.3 m/s, a liquid mixture of hydrogenated palm oil having a melting point of 43°C and
15 hydrogenated soybean oil was dropped from the center nozzle disposed around the inner-most nozzle at an average flow rate of 0.3 m/s, and a gelatin/pectin solution (85/15 v/v) was dropped from the outer-most nozzle at an average flow rate of 0.3 m/s simultaneously into a cooled and flowing oil, thereby giving
20 three-layer seamless capsules having a diameter of 2.5 mm (1.4×10^9 cells/g capsule).

The weight ratio of capsule content to inner coating to outer coating was 35:35:30.

25 After air-drying, the capsules were further vacuum dried or vacuum freeze-dried to lower the water activity to an A_w value of 0.20 or lower and the thermal conductivity of 0.16 kcal/mh°C or lower. A_w values were measured by an electric-resistance-type water activity meter (A_w meter, WA-360, Shibaura Electronics Co., Ltd). Thermal conductivities were measured according to the Fitch
30 method.

INDUSTRIAL APPLICABILITY

The present invention provides novel lactic acid bacterial and yeast strains that have a serum uric acid level
35 reducing action due to their ability to decompose purines and a

composition in a food, beverage or pharmaceutical form containing them. Such a composition is effective in the prevention and treatment of hyperuricemia.